

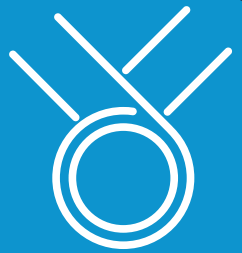


Balby Carr
Community Academy

SIXTH FORM ACADEMIES



THE SPORTS MEDICINE ACADEMY PROGRAMME



Balby Carr Community Academy Weston Road, Balby, Doncaster, South Yorkshire, DN4 8ND

THE SPORTS MEDICINE ACADEMY

The Sports Medicine Academy is currently in its 6th year, being introduced in to the Academy of Sport structure from September 2012.

Sports Medicine Academy learners will undertake the Level 3 BTEC Extended Diploma in Sport and Exercise Science. Alongside their academic timetable a number of additional qualifications can be taken relating to personal training, sports therapy, physiotherapy, sports rehabilitation and sports massage.

Learners undertake a two-year work experience placement, working directly with Doncaster Rugby League Club, the NHS, Balby Academy of Sport Football Teams, and our very own graduate sports therapist, gaining hands-on experience in the treatment, management and rehabilitation of athletes and their injuries.

Currently the learners on the Sports Medicine Academy undertake a season long placement at Doncaster Rugby League working alongside the first team physiotherapist to provide sports massage to the players at the Dons.

Alongside the professional placements, learners have the opportunity to gain valuable work experience within the NHS with the physiotherapy and rehabilitation department and / or fracture clinic.

To add to the abundance of professional links, the Sports Medicine Academy has developed a great working link with The Gym Group in Doncaster to help fulfil the needs of the fitness based qualifications. This link enables the sports medicine learners to work in a realistic gym environment with potential exit routes for employment as a personal trainer for The Gym Group.



We currently have 20 learners within the Sports Medicine Academy, travelling from all over South Yorkshire and Nottinghamshire to continue their studies and widen their experience in the hope of gaining a place at University to pursue a career in the sports/physiotherapy field or go into the world of employment with the qualifications gained from the Sports Medicine Academy

The Sports Medicine Academy currently has a range of packages to suit all career pathways from physiotherapy to personal training, see below which package could be your next career move.

PACKAGE 1

Level 2 Certificate in Fitness Instructing

Level 3 Diploma in Massage Therapies in Sport

Emergency First Aid at Work

£270

PACKAGE 2

Level 2 Certificate in Fitness Instructing

Level 3 Diploma in Massage Therapies in Sport

Emergency First Aid at Work

Level 4 Sports Massage Therapy

£400

PACKAGE 3

Level 2 Certificate in Fitness Instructing

Level 3 Diploma in Massage Therapies in Sport

Emergency First Aid at Work

Level 3 Diploma Exercise Referral

£400

PACKAGE 4

Level 2 Certificate in Fitness Instructing

Level 3 Diploma in Massage Therapies in Sport

Emergency First Aid at Work

Level 3 Certificate in Personal Training

£400

PACKAGE 5

Level 2 Certificate in Fitness Instructing

Level 3 Diploma in Massage Therapies in Sport

Emergency First Aid at Work

Level 4 Sports Massage Therapy

Level 3 Diploma in Exercise Referral

£530

PACKAGE 6

Level 2 Certificate in Fitness Instructing

Level 3 Diploma in Massage Therapies in Sport

Emergency First Aid at Work

Level 3 Certificate in Personal Training

Level 3 Diploma in Exercise Referral

£530

PACKAGE 7

Level 2 Certificate in Fitness Instructing

Level 3 Diploma in Massage Therapies in Sport

Emergency First Aid at Work

Level 3 Certificate in Personal Training

Level 3 Diploma in Exercise Referral

Level 4 Certificate in Sports Massage Therapy

£650

WHAT OTHER OPPORTUNITIES' ARE THERE FOR ME ON SPORTS MEDICINE ACADEMY?

To build up a complete hands on experience for all learners in the sports medicine academy, the students have the chance to attend a range of workshops which are led by highly qualified professionals in their own industry and will present ideas on how to prepare for life and university programmes within the sports medicine, health and fitness industries.

Learners will be able to get hands on practical experience of techniques and procedures to use when dealing with different scenarios within the sports medicine, health and fitness industries.

Learners will be able to focus on the skills that they will utilize in their chosen environment with an extensive amount of lab time set aside to do this.

CLINICAL SPORTS MEDICINE

This workshop will focus the clinical side of sports medicine accompanied by guest speaker Dr Neil Pease who works at NHS Derby Teaching Hospital.

Neil has specialised in sports medicine at the University of Glasgow and has worked in public health for several years and with rugby super league side Hull Kingston Rovers.

Neil aims to show the learners how to use intubation which is used to put an airway down the throat to secure the airway. This would benefit students who wish to go onto clinical sports medicine.

Neil will also be showing the learners how to use a laryngoscope which is used for looking down the throat and a selection of different airways.

SPORTS MASSAGE THERAPY

This workshop will focus sports massage within sports and accompanied by guest speaker Ben Mortlock who works with the England National Football Team as the first team massage therapist.

Ben has had a vast career since graduating Teesside University in 2008 with a BSc in Sports Therapy.

Ben has worked with the likes of Wolverhampton Wanderers, Hull City, Tottenham Hotspur, Barnet FC and Grimsby Town FC.

Not all of Ben's work has been involved in sport, he has also worked with clients such as Lenny Henry, Usher and many X Factor celebrities as well as an extensive list of private clinic experience.

Ben's professionalism doesn't stop there, he has also had the opportunity to captain the England Futsal Team with over 65 appearances.

PHYSIOTHERAPY

This workshop will focus on medical assessment within sport and accompanied by guest speaker Mark Laurens who owns his own private clinic, Back on Track in Doncaster.

Mark started his career as a sports masseur having completed his diploma in sports massage in 2002. Whilst working part time for cycling teams and professional triathletes, he completed his advanced diploma in sports therapy which was followed on by an undergraduate degree in physiotherapy at Sheffield Hallam University.

Mark has spent most of his career in private practice and working in professional football clubs such as Doncaster Rovers and Sheffield Wednesday. Mark also supports many upcoming young athletes in tennis, rugby, golf and many more other sports in their bid to become international stars.

PERSONAL TRAINING

This workshop will focus on the personal training side of sports medicine accompanied by guest speaker Kris Finney who owns a successful personal training company Fiitstyle.

Kris started his career in health and fitness with a BSc degree in sport and a PGCE in teaching. He has recently returned back from Los Angeles where he played football in the American league and coached in the women's professional academies.

Kris has trained a variety of clients to achieve their goals, including everything from general weight loss, to competing in the UK BFF body fitness awards.

Kris' past experience has ranged from head of PE to coaching young athletes who are currently in professional football such as Tom Cairney who currently plays at Fulham FC.



PROGRESSION ROUTES OF OUR LEARNERS:



SARAH PAUL

DONCASTER UNIVERSITY

BSC SPORT, FITNESS AND EXERCISE

JAKE RIMMER

TEESSIDE UNIVERSITY

BSC SPORTS THERAPY

MICHAELA GRISDALE

LEEDS BECKETT UNIVERSITY

BSC SPORTS AND EXERCISE THERAPY

BROOKE CHAPELL

SHEFFIELD HALLAMSHIRE UNIVERSITY

BSC PHYSICAL ACTIVITY, FITNESS AND HEALTH

SHANNON BROOKS

LEEDS BECKETT UNIVERSITY

BSC SPORTS AND EXERCISE THERAPY

CAITLIN DODD

LEEDS BECKETT UNIVERSITY

BSC SPORTS AND EXERCISE THERAPY

ALICIA HASTE

BANNANTYNES GYM

FULL TIME FITNESS ADVISOR

ALISHA LEGGOTT

DONCASTER ROVERS FC AND PRIVATE PRACTICE

SELF EMPLOYED

ROBYN ROYSTON

YORK ST. JOHNS UNIVERSITY

BSC SPORT AND EXERCISE REHABILITATION

TIA ROWE

LEEDS BECKETT UNIVERSITY

BSC SPORTS AND EXERCISE THERAPY

PAIGE LEEDALE

APPRENTICE WITH ACTIV8 COACHING

ROBYN ROYSTON

YORK ST. JOHNS UNIVERSITY

BSC SPORT AND EXERCISE REHABILITATION

LAYLA WELBURN

YORK ST. JOHNS UNIVERSITY

BSC SPORT AND EXERCISE REHABILITATION

WHAT OUR PAST LEARNERS HAVE TO SAY ABOUT THE SPORTS MEDICINE ACADEMY:

Sports Medicine is a great course; you find a lot of useful information get a lot of experience and build up your confidence of working with sports teams. It is a really good course which can gain a lot from this course.

REBECCA TAYLOR

Past Sports Medicine Academy
now at Teesside University studying BSc Sports Therapy

The Sports Medicine course is a very enjoyable course and involves a lot of great practical modules. The teaching staff are great and are easy to get along with. This course offers me numerous qualifications enabling people to have an opportunity in any gym / therapy related work. I highly recommend the course to any student.

JAKE RIMMER

Past Sports Medicine Academy now at Teesside
University studying BSc Sports Therapy

Sports Medicine has to be the best decision I've ever made. It's a lot of hard work, but you have a lot of support from other students and from Rick. The best thing for me has been the massage aspect of the course as you get to practice on all different types of people as you would do in the working world.

ALISHA LEGGOTT

Current second year student on the Sports
Medicine Academy

Sports medicine is a really enjoyable course and allows you to get involved with a lot of practical work. The course offers a lot of qualifications which will help towards gaining a place at university and thereafter.

CAITLIN DODD

Current second year student on the Sports
Medicine Academy

I feel that the sports medicine academy is a fantastic opportunity for any person wishing to study in the field of sports medicine to gain lots of experience. I have found that my confidence has built up tremendously since being within the sports medicine academy which helps me to pursue many career options.

INDERVEER MATOO

Current second year student on the Sports
Medicine Academy

I've enjoyed the sports medicine academy a lot. The course is very good, the practical is excellent and Rick is very easy to get along with. Alongside this I have also had the opportunity to work alongside professional football players at Doncaster Rovers FC.

JAMES KITCHING

Current second year student on the Sports
Medicine Academy



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