



Academy of Sport Prospectus 2016 - 17



Balby Carr
Community Academy





WHY BALBY ACADEMY OF SPORT?

65% of Academy students achieve the equivalent of
3 A grades at A level

Attainment and teaching in the Extended Diploma
is deemed to be outstanding (ALPS)

Access to professional sports training

Great reputation and track record

Excellent facilities

Experienced and committed staff

Personalised learning at both Level 2 and 3

100% of students got into their first choice university

Excellent links with Universities in USA and Canada

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WELCOME TO BALBY ACADEMY OF SPORT



Balby Carr Community Academy, a member of the outstanding Wakefield City Academies Trust (WCAT), is a popular and successful academy, which is committed to meeting the needs and developing the skills of all students and staff. As part of WCAT we have access to all the resources that have seen 3 successive Outstanding Judgements from Ofsted for Wakefield City Academy. The Trust's aim is to create significant capacity to deliver powerful school to school support and professional development in the areas key to raising standards and achievement.

There are very few Sporting Academies who can claim that 65% of their students complete a level 3 BTEC Extended Diploma in Sport, having achieved a minimum of DDD, which is the equivalent of 3 A grades at A level. Here at Balby Academy of Sport we can proudly claim this accolade.

At Balby Academy of Sport we pride ourselves on offering a diverse and varied programme of study aimed at developing students both academically and as athletes. If you are considering a career in the world of sport, then Balby Academy of Sport is the place for you.

We offer a unique and individualised timetable structure which incorporates both level 2 and level 3 educational provision, as well as high quality coaching and tutoring in each of our Sporting Academies.

Alongside academic study, each individual Academy has a dedicated team of highly skilled coaches and managers that will ensure students receive the best possible opportunities within one of the following Sports Academies:

- Netball
- Boys Football
- Girls Football
- Golf
- Sports Medicine
- Coaching and Teaching



We are offered such a wide range of opportunities and activities that help to prepare us for life when we leave Balby Academy of Sport. I wanted to go to university and I was given the personalised support to help me get on the course I wanted. I have been given so many wonderful opportunities that make me stand out above all other students. Studying here has helped to develop my confidence as well as key skills.

SAM FORD, FORMER STUDENT OF
THE ACADEMY OF SPORT



The training our students receive within their chosen Academy will enable them to develop individual technical skills and overall performance, through our high quality coaching and programmes of study. Students have numerous opportunities to represent the Academy in National and Regional fixtures and UK wide coaching events.

The Balby Academy of Sport package includes:

- Access to High Quality Sporting Facilities
- Brand new 4G artificial pitch
- Our very own on site Sports Therapy unit
- Five full size, high quality grass pitches
- Our very own strength and conditioning coach
- Full size Sports Hall and Gymnasium
- Performance Analysis Packages
- Individual Academy Kit, including playing, training and coaching kit
- Superbly organised Scholarship Routes to American and Canadian Universities
- Fully qualified staff to support all students through their chosen pathway on completion of the course

Mr J Innes Headteacher

Miss J Baxter Assistant Head Post 16

Miss J Bain Head of Faculty Sports Academies



The facilities in the sixth form centre are fantastic; we have access to our own computer suite which includes computers, laptops and ipad's. We have our own café area which provides nutritional snacks and main meals throughout the day.

MEGAN GOVIER
Y13 GIRLS FOOTBALL ACADEMY





EDUCATION PACKAGE

Students within Balby Academy of Sport will study either a level 2 BTEC First Certificate in Sport, or a level 3 BTEC Extended Diploma in Sport or Sport Exercise Science. There is also the opportunity to study a selection of A level subjects alongside the BTEC Academy package.

Students will study a selection of modules which cover a wide variety of topics within the world of sport, for example Psychology for Sports Performance, Anatomy and Physiology, Sports Coaching, Fitness Training and Programme and Injuries in Sport.

Students achieving a minimum of 6 GCSEs at grade C or above, will be able to study the level 3 BTEC in Sport, which is a full time 2 year course covering a total of 19 modules. Students achieving a minimum of 4 GCSEs at grade C or above, will be able to study the level 2 BTEC, which again is a full time course over a one year period covering 8 modules with a progression route on to the level 3 on successful completion on this course. Both courses are vocational and are primarily coursework based, however, all courses now include at least one formal exam. Each course incorporates the individual sports academies packages and allows all students the same opportunities regarding additional experiences and qualifications.



BEYOND THE CURRICULUM



On a weekly basis students work with a selection of highly qualified coaches and sports therapists to develop subject knowledge within their chosen academy. Students experience working alongside coaches and therapists from various sporting backgrounds linked to a number of highly recognised clubs such as Barnsley FC, Doncaster Rovers and Retford Golf Club, as well as working closely with coaches in the US and Canada looking to support students in gaining scholarships. Expertly qualified staff are on hand to support students in applying for university, and will tutor these students through the process to ensure they successfully gain a place on the most appropriate degree course.

In order to improve opportunities to further progress once students have completed the Academy course we provide students the opportunity to gain a selection of additional qualifications alongside their educational studies. These include:

- Level 2 certificate in fitness instructing
- Level 3 certificate in sports massage therapy
- Level 3 diploma in preventing injuries in sport and active leisure
- Level 1 sports leaders awards
- Level 2 award in instructing kettlebell training sessions
- Level 3 certificate in personal training
- Level 2 sports leaders awards
- Level 2 award in instructing circuit sessions
- Sports specific coaching courses, e.g. Tri Golf.
- Level 3 award in instructing sports specific conditioning
- Emergency first aid at work



Not many other places have the facilities and opportunities that Balby Academy of Sport offer. As a student I felt extremely lucky to have the opportunity to use these state of the art facilities every day.

AMY HUNT, GIRLS FOOTBALL



BALBY ACADEMY OF SPORT ROLL OF HONOUR 2014/2015

Golf Academy

The Golf Academy is a partnership between Balby Academy of Sport and Retford Golf Club. It enables young talented golfers the chance to unlock their potential by developing their golfing ability to the highest level. Students will receive weekly golf coaching delivered by Craig Morris PGA professional at Retford Golf Club, as well as competitions all over the UK. Each member of the Golf Academy receives physiological, psychological and biomechanical support that all top golfers need to reach their potential. The Golf Academy is one our most successfully academies, having had some fantastic team and individual achievements since its birth.

- British Colleges National Open Champions
- Intercollegiate Tour National Gross Champions Nett Runner up
- Competed in the British Schools and colleges Golf Tour National Finals, placing 3rd and 5th
- Northern Schools Open 1st and 2nd place
- Doncaster school champions
- Bassetlaw schools champions
- South Yorkshire school champions
- Several students in the academy representing Yorkshire, Nottinghamshire, Great Britain and North of England schools
- Previous student currently completing a golfing scholarship in America
- Previous student English men's Amateur champion in the home internationals in 2015





Sports Medicine Academy

The Sports Medicine Academy is currently in its 5th year. This very specialised Academy is the first of its kind in Yorkshire and has developed extremely successful partnerships with Doncaster Rugby League Football Club (The Dons) and Doncaster Rovers. This Academy offers an extremely unique package to develop knowledge and understanding in the world of Sports Therapy. This year the Sports Medicine students will be studying a more tailored BTEC Extended Diploma in Sports Medicine Science, which provides a perfect pathway in to higher education in a similar field of study. As well as hands on work experience within Sports Therapy, these students also gain a large number of additional qualifications to support their applications to relevant degree courses.

- 7 students have been certified VTCT level 2 certificate in fitness instructing
- 7 students currently completing VTCT level 3 certificate in personal training
- All students in the Academy are currently completing a 2 year work placement in treatment, management and rehab
- All students experience seasonal placements at Doncaster Rovers FC
- All previous students in the Academy successfully gaining a place at their first choice university studying sport, fitness and exercise therapy related degree courses
- 1 student has successfully completed the VTCT level 3 certificate in sports massage therapy and continued their studies at university
- 1 student has successfully completed the VTCT level 3 diploma in preventing injuries in sport and active leisure and continued their studies at university

The Boys Football Academy

The Boys Football Academy has made great progress and continues to go from strength to strength, with several outstanding accomplishments already achieved in only their 8th year of existence. Our continued success has ensured that we have a fantastic uptake of students from all over South Yorkshire and we are looking forward to another successful year in the Boy's Football Academy. If you would like to be a part of this success, and think you have a lot of offer this Academy, we want to hear from you!

- League winners of the ECFA Men's Yorkshire and Humberside League
- 2nd place in the ECFA Men's Yorkshire and Humberside League
- ESFA Men's Cup Quarter Finalists
- South Yorkshire Cup Runners Up
- Doncaster Schools Cup Champions
- 4 students gaining a full football scholarship in America





Girls Football Academy

We have a large number of trophies and an array of titles under our belt, including National Cup Finals for the previous 5 years. We are looking for students who can contribute to our already outstanding successes, and look to grow and develop this Academy further. Young ladies with a thirst for knowledge and understanding of the game as well as experience in the competitive world of football are exactly the kind of student we look to recruit.

- League winners in the ECFA Women's National League
- ESFA Women's Cup Finalists
- ECFA Women's College Play Off Runners Up
- 5 students offered full football scholarships in America and Canada
- 7 previous students currently studying in America and Canada after gaining a scholarship on completion of the course



Coaching and Teaching Academy

Now in its 7th successful year, the Coaching and Teaching Academy continues to develop and recognise the outstanding young coaches and teachers that we have in and around Doncaster. The aim of this Academy is to provide aspiring leaders with an exciting and diverse range of coaching experiences to ensure that every individual goes on to fulfil their potential, whether it be in sports coaching, teaching, managing or leadership. This Academy is proud to have an unrivalled reputation throughout Yorkshire; cemented by the students exceptional commitment and dedication.

- Weekly placements in local Primary schools
- Weekly placements in local Special Educational Needs schools
- Weekly tutoring sessions to support and develop skills and qualities of successful coaches and teachers
- Hosting and organising Doncaster School Games competitions
- Recognised by the Youth Sport Trust as being 'outstanding practice' in Sixth Form provision within the field of sports coaching
- Planned and organised Regional and National sporting competitions
- Weekly assisting and delivery of PE lessons within secondary schools



Netball Academy

September 2017 will be the first year of our new and exciting Netball Academy at Balby Academy of Sport. The first of its kind in Yorkshire, we will be looking for talented young ladies who want to develop their skills in Netball, competing in Doncaster Sixth Form leagues, as well as entering in to competitive ladies leagues across Yorkshire. We are looking to recruit players who have experience in competitive Netball, and students who have a passion for progressing in that sport in the variety of different roles, including officiating, specific Netball coaching and of course playing. If you want to combine your love of Netball with your educational studies then Balby Academy of Sport is the place for you.



DESTINATIONS

2015-16

Historically, students at Balby Academy of Sport complete the full level 3 BTEC Extended Diploma in Sport, having exceeded aspirational targets. Our students have been able to further their successes after they have completed their time with us.

In 2016, 36 of our Academy students obtained exceptional results with the equivalent of 3 A grades or higher in BTEC level 3 Sport. Representing 65% of the Academy cohort.

100% of the students applying to university gained a place at their first choice university, continuing their education at degree level.

7 students were offered full scholarships to America and Canada, 2 students accepted these offers and are currently studying at degree level.

This is in addition to the thirty students who have already secured places in colleges all across America and Canada. We have developed a special relationship with Chowan University in North Carolina. They will accept two students each year. This represents the trust they have developed in the Academy to send students that will excel in the US system.

Some students chose to enter the world of employment and apprenticeships, and were fully supported through this process gaining positions in a wide variety of roles, from sports coaching, sport retail and teaching assistants.

We will support all pathway options: many of our students have gone on to apprenticeships, employment or joined the armed forces. Our varied destinations provides excellent examples of successful pathways Balby Carr students can achieve as a result of their first class education.

Percentage of Destinations August 2016	Total Number of Students	Percentage %	Number in Academy	Percentage %	Number in 6th Form	Percentage %
University	46	49 %	21	42 %	25	58 %
Scholarships	5	5 %	5	10 %	0	0 %
Further Education	4	4 %	0	0 %	4	9 %
Apprenticeship	5	4 %	2	4 %	2	5 %
Employment	25	27 %	17	34 %	8	19 %
Gap Year	4	4 %	1	2 %	3	7 %
Armed Forces	0	0 %	0	0 %	0	0 %
Professional Sport	4	4 %	4	8 %	0	0 %
Unknown	1	1 %	0	0 %	1	2 %



PROFESSIONAL SPORTING SUCCESS



Since the launch of Balby Academy of Sport in 2007, we have had some phenomenal sporting successes, and we are exceptionally proud to say that we have supported the professional athletes of the future.

David Allen joined Balby Academy of Sport in September 2009 and complete the course achieving DDD. David is now a professional Boxer and has competed against some of the top heavy weight boxers in England. 'The White Rhino' has been in a privileged position when it comes to sparring over the past few years. Olympic gold medalist Anthony Joshua has been a regular sparring partner for David since leaving Balby Academy of Sport in 2011.

Ashleigh Mills, was selected to play regularly in the starting 11 for Doncaster Belles, studied at Balby Academy of Sport 2012 to 2014. Ashleigh completed her qualification achieving DDM, and has experienced outstanding success on the pitch also;

- Women's super league, missed out on promotion to Super League One
- Euro championship, Playing in the Euro's in Norway for England
- ECFA premier league play off final, Balby Academy of Sport won the final and received player of the match
- Women's Super League, Awards night, Won young player of the year for the second year running

Joe Dean was student at Balby Academy of Sport in 2011, and completed the Level 3 Extended Diploma in Sport (Development, Coaching and Fitness) achieving DDD. Joe had several top 10 finishes in 2013 and his hard work paid off when he secured the Lee Westwood Trophy in August. Joe was very close to securing two major titles in 2012 when he finished as runner-up in both the Fairhaven Trophy and also the England Golf Northern Group Boys Qualifying tournament. Joe also secured the Poncat Dutch Junior Open title, a victory which gave him his first start on the European Tour in the Dutch Open and he also appeared in the England Boys team for the Boys Home Internationals.

* For information regarding the Post 16 Bursary, progress tracking and support and guidance please see the relevant pages in the Sixth Form half of the prospectus.



ALUMNI



I had such a fantastic time at Balby Academy of Sport. The staff were fantastic and really cared about all of us as people not just as a student. They push us to achieve our very best, studying here was the best decision I ever made.

**Jack Walters, former student
Boys Football Academy**

I have had some amazing experiences whilst at Balby Academy of Sport, the staff really do go above and beyond to help us develop as students as well as helping us grow into successful adults. I have made lifelong friends and I will never forget this amazing experience.

**Ashleigh Mills, former student
Girls Football Academy**



No other Academy offer the same educational package as Balby Academy of Sport. I was able to develop my knowledge and understanding in all areas of Sports Therapy and rehabilitation which has put me head and shoulders above other students my age when applying for University. It was an amazing experience, one that I would recommend to anyone.

**Sarah Paul, former student
Sports Medicine Academy**





You never felt like you missed out on anything, the Sports Academy had all the equipment you could ever wish for. After leaving Balby Carr Academy of Sport with three distinctions in Sports Development, I got a place at York St John to study Physical Education and Sports Coaching, as I wanted to become a Physical Education Teacher. After three years of hard work I graduated from York St John with a 2:1, which is what I needed to apply for teacher training.

Karl Peebles
Coaching and Teaching Academy 2009-2011





CURRENT STUDENTS



Charlie Hepworth, Football Academy

The Academy of Sport has a great reputation; it was their successes that led me to apply to study within the Academy of sport. Studying in the Academy of Sport comes with great opportunities once we have completed the level 3 qualifications. I am confident I made the right decision, this is the best place for me to help me get to where I want to be.

Laura Green, Football Academy

All the staff are really enthusiastic, and you can tell just how passionate they are about us and their job. The Academy of sport have a great reputation not only in their sporting successes but also for the academic studies. It's like one big family, everyone helps each other and really wants the best for us. This was the best decision I made.



Harry Emmingham, Golf Academy

The golf coaching has helped me so much to develop my performance on the course. As well as being able to do this, I have also been able to access high quality teaching which has helped me to complete the level 3 BTEC sport qualification. I am currently unsure whether I want to go to university or play golf professionally, this course has set me up for either route. I have really enjoyed my time here and made a great bunch of friends.

Leyla Welburn, Sports Medicine Academy

As a student of Balby Carr Community Academy, I have known for a while that this was the sporting academy I wanted to join. We gain a lot of practical experience working with professional and amateur athletes as well as completing a lot of theory assessments in sports therapy. We are able to study a sports and exercise science qualification within the Academy of sport, which will help us all when applying for university in our final year. All the staff are so helpful and encourage to be our best.



Tom Pringle, Coaching and Teaching Academy

I was so nervous before starting this course, as I didn't know anyone else here. Now I feel like I've been here all my life. The teachers and coaching staff are brilliant and have really made me feel at home, we are developing skills in the academy I didn't know I had, as well as getting a top quality education which will allow me to go to university to train to be a teacher.



POST 16 CLASS OF 2016 DESTINATIONS

Name	Destination	Course/Job Title
Joshua Andrew	Northumbria University	Sports Coaching
Lewis Bowen	Football Scholarship	USA
Adam Brace	Scawsby Mill	Customer Service Representative
Charles Braithwaite	Barnsley FC	Professional Football
Daniel Brown	Sheffield Hallam University	Sports Coaching
Mollie Cartwright	Leeds Beckett University	Sports & Exercise Science
Michael Collins	Leeds Beckett University	Sports Business Management
Lewis Dale	Balby Carr Academy	Leisure Assistant
Aiden Dawson	Liverpool Hope University	Psychology in Sport
Greg Denton	Green Core	Customer Assistant
Caitlin Dodd	Leeds Beckett University	Sport Therapy
Kaitlyn Doncaster	Red 5	Sales Assistant
Kieron Doyle	Winter Green Restaurant	Assistant Chef
Shannon Durkin	Jones County Junior College, USA	Football Scholarship
Nathan Fell	Professional Golfer	Professional Golfer
Charlotte Finch	Sheffield Hallam University	Sport and Exercise Science
Jordan Forbes	Styrrup Golf Club	Assistant professional
Nathan Fox	Sheffield Hallam University	Building Surveying
Daniel Frost	Leeds Beckett University	Sports Coaching
Kelly Griffiths	Premier Inn	Trainee Management
Caitlin Gunnell	Part time Employment - Food retailer	Sales Assistant
Zara Hand	Northumbria University	Sports Coaching
Alicia Haste	Bannantyes Health Club, Worksop	Personal Trainer
Nikki Hogg	Sheffield Hallam University	Sport Studies
Declan Howe	Harrogate FC	Professional Football
James Kitching	Leeds Beckett University	Sports Science



Name		Destination	Course
Paige	Leedale	Activ8	Sports Coach
Alisha	Leggott	Physiotherapy	Sports Massage
Mitchell	Levi-Lewis	Chowan University, USA	Business and Marketing
Nathan	Lovitt	Collegiate Soccer, USA	Sport Coaching
Arron	Mallender	Bedfordshire University	Sport & Physical activity
Jack	Manship	Lincoln University	Sports Coaching & Development
Inderveer	Matoo	Leeds Beckett University	Sports Therapy & Exercise
Laura	Morrison	Lenoir Rhyne University, North Carolina, USA	Golf Scholarship
Nathan	Muffett	American Golf	Retail
Aaron	Nairn	Rotherham Golf club	Green Keeper
Samuel	Newsome	Heating Essentials	Engineer
Anthony	Ogden	Keepmoat Stadium	Catering
Charlotte	Parker	Gap Year	
Emily	Parkin	Sheffield Hallam University	Sports Science
Samuel	Rook	Tankersley Park Golf Club	Assistant professional
Owen	Rudd	Leeds Beckett University	Sports Coaching
Billy	Sharp	BJS Storage & Distribution	Office Junior
Michael	Shaw	Leeds Beckett University	Sports coaching
Toby	Sims	Co op	Service Assistant
Rhys	Smith	Leeds Beckett University	Sports Business Management
Joshua	Street	High Melton University	PE & Coaching
Daniel	Tyler	Direct Golf	Sales Assistant
Callum	Watson	A E L Electrical	Electrical Enginner
Georgia	Wattam	Leeds Beckett University	B A Sports Coaching
Charlie	Williams	Construction	Apprentice Builder

